

# Privatklinik Meiringen Centre for mental well-being

2021



## Welcome to Privatklinik Meiringen

The Privatklinik Meiringen is located at the heart of Switzerland, in the Hasli Valley in the Bernese Oberland. At our clinic we welcome people with all forms of mental illness. We treat, care for and support people aged 18 and over.

Our top priority is to provide you with the best possible individual treatment, support and care in a pleasant environment. As a member of "The Swiss Leading Hospitals", we strive to continually improve our quality standards.







## Treatment – medical, nursing and therapeutic

Your treatment will draw on the latest medical, psychiatric and nursing findings and will be tailored to your individual needs. A comprehensive diagnosis and individual treatment plan will form the basis for your treatment. You will be cared for by an inter-disciplinary team comprising experts in medicine, nursing, psychology, social welfare and therapy.

We specialise in:

- Crisis intervention
- Affective (mood) disorders
- Personality disorders
- Psychoses
- Addictive disorders (alcohol and/or medication addiction, behavioural addictions such as gaming, internet and shopping addiction)
- Post-traumatic stress disorder
- Geriatric psychiatry
- Chronic fatigue syndrome (burnout) – the “au soleil” burnout ward is located in a sunny spot at the Rehaklinik Hasliberg.



## Variety of daily activities at the clinic

During your stay you can make use of our excellent infrastructure, including a thermal bath, fitness studio, tennis court, library and a nearby outdoor summer swimming pool. A varied activity programme is offered on weekends and public holidays (trial tennis and badminton courses, visits to the Ballenberg open-air museum, hiking, movie night, snowshoeing, trial snowboarding course, lotto match games and much more).

The beautiful Hasli Valley itself offers many opportunities for excursions, hiking and sports, all close to the clinic. In summer, you can visit the Aare Gorge or the famous Reichenbach Falls, and there are lots of good walking routes for interesting hikes in winter.





## Accommodation and catering

The catering team has been serving you in a modern new building with a pleasant ambience since November 2020. Balanced, healthy meals support the healing process. Our kitchen team prepares regional, natural, fresh and seasonal dishes and provides them for you individually in the new marketplace area. The menu plan is designed to offer a range of varied and balanced options. Special dietary requirements are met with care.

The restaurant and bistro are available to you during your stay. Both are popular meeting places for patients, visitors and clinic staff, where people enjoy taking time to relax. The accommodation and catering staff pride themselves on their excellent hospitality.





## Patients with supplementary insurance

Our top priority is to provide you with the best possible individual treatment, support and care in a pleasant environment. You can count on expert and individual treatment and care, irrespective of your insurance category.

Holders of semi-private or private insurance can also enjoy a variety of additional benefits. This includes treatment by a senior psychiatrist and accommodation in an exclusively furnished single room with your own bathroom, and we will reserve you a table in the salon, a serviced part of the restaurant.

For more information about services for patients with supplementary insurance, see: [www.privatklinik-meiringen.ch/zusatzversicherte](http://www.privatklinik-meiringen.ch/zusatzversicherte).







## Informationen

### Admission

The Privatklinik Meiringen is open to individuals with basic health insurance from all over Switzerland as well as supplementary insurance and abroad. The clinic is on the hospital list for the cantons of Berne, Fribourg, Obwalden and Nidwalden. We offer outpatient consultations in Bern and Lucerne.

### Registration

Please contact the admission team for information on daily rates, insurance and cost coverage and admission date options:

Phone +41 33 972 85 65

[pa@privatklinik-meiringen.ch](mailto:pa@privatklinik-meiringen.ch)

### Travelling to the clinic

The Privatklinik Meiringen is easily accessible by public transport via Interlaken or Lucerne.

Zurich—Lucerne—Brünig Pass—Meiringen (100 km)

Basle—Lucerne—Brünig Pass—Meiringen (150 km)

Berne—Interlaken—Meiringen (90 km)

### Further information

[www.privatklinik-meiringen.ch](http://www.privatklinik-meiringen.ch)

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THE SWISS  
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## «Where patients are also guests»

We want to ensure your stay with us at Privatlinik Meiringen is as pleasant as possible. This includes the best possible care and expert support of your desire to improve your health. Please do not hesitate to contact us if you require any further information.