

# Privatklinik Meiringen Centre for mental well-being

2020



## Welcome to Privatklinik Meiringen

The Privatklinik Meiringen is located at the heart of Switzerland, in the Hasli Valley in the Bernese Oberland. At our clinic we welcome people with all forms of mental illness. We treat, care for and support people aged 18 and over.

Our top priority is to provide you with the best possible individual treatment, support and care in a pleasant environment. As a member of "The Swiss Leading Hospitals", we strive to continually improve our quality standards.





## Treatment – medical, nursing and therapeutic

Your treatment will draw on the latest medical, psychiatric and nursing findings and will be tailored to your individual needs. A comprehensive diagnosis and individual treatment plan will form the basis for your treatment. Your willingness to work with us is critical to your successful treatment. You will be cared for by an inter-disciplinary team comprising experts in medicine, nursing, psychology, social welfare and therapy.

We specialise in:

- Crisis intervention
- Affective (mood) disorders
- Personality disorders
- Addictive disorders (alcohol and/or medication addiction, behavioural addictions such as gaming, internet and shopping addiction)
- Post-traumatic stress disorder
- Geriatric psychiatry
- Chronic fatigue syndrome (burnout) – the “au soleil” burnout ward is located in a sunny spot at the Rehaklinik Hasliberg.



## Variety of daily activities at the clinic

During your stay you can make use of our excellent infrastructure, including a thermal bath, fitness studio, tennis court, library and a nearby outdoor summer swimming pool. A varied activity programme is offered on weekends and public holidays (trial tennis and badminton courses, visits to the Ballenberg open-air museum, hiking, singing parcours, movie night, snowshoeing, trial snowboarding course, lotto match games and much more).

The Hasli Valley itself offers many opportunities for excursions, hiking or sports, all close to the clinic. In summer, you can visit the Aare Gorge or the famous Reichenbach Falls, and there are lots of good walking routes for interesting hikes in winter.



## Accommodation and catering

We do our utmost to ensure your comfort and well-being during your stay with us. Our rooms are furnished with attention to detail, offering all the comforts of a pleasant, high-quality hotel.

Balanced, healthy meals support the healing process. Our catering team focuses on the use of natural, fresh, seasonal whole foods to create a varied and balanced menu plan. Special dietary requirements are catered for with care.

The “im Reichenbach” restaurant is located next to the station for the train to the Reichenbach Falls. It is a popular meeting place for patients, visitors and clinic staff, where people enjoy taking time to relax. The restaurant staff pride themselves on their excellent hospitality.





## Patients with supplementary insurance

Our top priority is to provide you with the best possible individual treatment, support and care in a pleasant environment. You can count on expert and individual treatment and care, irrespective of your insurance category.

Holders of semi-private or private insurance can also enjoy a variety of additional benefits. This includes treatment by a senior psychiatrist and accommodation in an exclusively furnished single room with en-suite bathroom, telephone and safe.

For more information about services for patients with supplementary insurance, see: [www.privatklinik-meiringen.ch/zusatzversicherte](http://www.privatklinik-meiringen.ch/zusatzversicherte).





## Informationen

### Admission

The Privatklinik Meiringen is open to individuals with basic health insurance from all over Switzerland as well as supplementary insurance and abroad. The clinic is on the hospital list for the cantons of Berne, Fribourg, Obwalden and Nidwalden. We offer outpatient consultations in Bern and Lucerne.

### Registration

Please contact the admission team for information on daily rates, insurance and cost coverage and admission date options:

Phone +41 33 972 85 65

[pa@privatklinik-meiringen.ch](mailto:pa@privatklinik-meiringen.ch)

### Travelling to the clinic

The Privatklinik Meiringen is easily accessible by public transport via Interlaken or Lucerne.

Zurich–Lucerne–Brünig Pass–Meiringen (100 km)

Basle–Lucerne–Brünig Pass–Meiringen (150 km)

Berne–Interlaken–Meiringen (90 km)

### Further information

[www.privatklinik-meiringen.ch](http://www.privatklinik-meiringen.ch)

Privatlinik Meiringen AG  
CH-3860 Meiringen  
Phone +41 33 972 81 11  
[www.privatlinik-meiringen.ch](http://www.privatlinik-meiringen.ch)



THE SWISS  
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## «Where patients are also guests»

We want to ensure your stay with us at Privatlinik Meiringen is as pleasant as possible. This includes the best possible care and expert support of your desire to improve your health. Please do not hesitate to contact us if you require any further information.